

## BREAKFAST SANDWICHES

• Served all day •

### EARLY BIRD 7.85

Chicken sausage, cream cheese, honey, apple, sharp cheddar and cage-free egg, panini pressed on sourdough.

### RISE 'N GRIND 9.75

Hot pastrami with cage-free egg, jalapeño cream cheese, roasted red peppers and provolone, melted on a buttery croissant.

### BUS STOP 8.00

Chicken sausage, scrambled egg, tomato, & pepperjack cheese on sourdough bread panini pressed.

### ROUND HOUSE 8.75

Cage-free egg, bacon, sausage, pepper jack cheese & a hash brown on a rosemary salt bagel.

### BROOKLYN BAGEL 5.25

Cage-free egg with bacon on a bagel. With cheese 6.10

### BRONX BAGEL 5.25

Cage-free egg with sausage on a bagel. With cheese 6.10

### EGGS MELISSA 4.65

Cage-free egg with melted cheddar cheese on a bagel.

### CALIFORNIA SUNRISE 6.50

Cage-free egg with avocado, red onion & melted pepper jack cheese on a bagel.

### BIG SUR 6.50

Sausage, cage-free egg, tomato & melted pepper jack cheese on a bagel.

### GREEN STREET 7.65

Pesto, tomato, feta, and egg whites scrambled with arugula on an english muffin.

### TEX MEX 5.40

Cage-free egg with home-made salsa & melted cheddar cheese on a bagel.

### EGGS CHRISTINA 4.60

Cage-free egg with ham on a bagel. With cheese 5.45

## VEGAN

### THE POWER PLANT 8.50

JUST egg, Beyond sausage, vegan cheese with arugula and vegan roasted garlic aioli, on our plain bagel.

## AVOCADO TOAST

### THE POWER PLANT 8.50

Avocado spread on oatmeal wheat toast topped with extra virgin olive oil, salt & pepper.

### \* AVOCADO TOAST #1 8.95

Avocado with goat cheese, sun dried tomatoes, olive oil, salt and pepper on oatmeal wheat.

### AVOCADO TOAST #2 9.95

Avocado with feta crumbles, bacon, olive oil, salt and pepper on oatmeal wheat.

### AVOCADO TOAST #3 8.45

Avocado with arugula, cage-free eggs, olive oil, salt and pepper on oatmeal wheat.

## WE SERVE

*Beer, Wine, and Cider*

(STATE ST. & COLLEGE AVE. STORES ONLY)

\* ITEM NOT AVAILABLE AT STATE ST. LOCATION

## BREAKFAST WRAPS

### 5K 6.50

Crunchy peanut butter, apples or bananas, granola, honey & raspberry jalapeño jam in a whole wheat wrap.

### SOUTHWEST 8.35

Cage-free egg with black beans, green peppers, jalapeños, avocado home-made salsa & pepper jack cheese panini pressed in a garlic herb wrap.

### HUEVOS SENORA 6.90

Cage-free egg, avocado, fresh salsa & cheddar cheese in a wheat wrap.

### BIG BUCK 6.25

Cage-free egg, green peppers, red onion & sausage in a whole wheat. With cheese 7.15

### DENVER 6.95

Cage-free egg, ham, red onion, green peppers, jalapeño peppers & cheddar cheese in a garlic herb wrap.

### GREEK 6.50

Cage-free egg with feta, spinach & black olives in a garlic herb wrap.

### RIVIERA 7.15

Cage-free egg, roasted red peppers, pesto & mozzarella cheese in a garlic herb wrap.

### \* MEDUSA 6.80

Tofu scramble, pesto, spinach & tomato in a garlic herb wrap.

## LOX & EGG SALAD

### NOVA LOX & CREAM CHEESE 10.95

Topped with tomatoes, onions & capers on a bagel.

### NOVIE & THE EGGS 11.50

Egg salad, lox & red onion open faced on a bagel.

### QUEENS 7.25

Egg salad, bacon & tomato open faced on a bagel.

### URBAN TOAST

Egg salad & pesto on a toasted bialy 6.50

### E.O.B. 5.80

Green olive cream cheese & egg salad on a toasted bialy.

### 6 MILE CREEK 11.50

Nova Lox, avocado, tomato, capers, onions & ailo dressing on toasted sourdough 10.95

### OK GRAMPS 11.95

Nova Lox, cage-free egg, tomato & red onion open faced on a toasted bialy 11.95



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### OUR LOCATIONS:

420 COLLEGE AVE. (COLLEGETOWN) 607-273-0982  
301 EAST STATE STREET (DOWNTOWN) 607-273-2848  
329 PINE TREE ROAD (EAST HILL) 607-273-1036

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## sandwich menu

*Takeout & Delivery*

7 DAYS A WEEK!

ORDER ONLINE @ COLLEGETOWNBAGELS.COM

## BAGELS WITH SPREADS

### BAGEL VARIETIES

PLAIN • SESAME • CINNAMON RAISIN • GARLIC • GRANOLA • HONEY WHEAT  
LONG ISLAND • ONION • POPPY • ROSEMARY SALT • SALT • SPICY ITALIAN  
ZA'ATAR SESAME ...PLUS SEASONAL FAVORITES!

### BUTTER 2.15

### CREAM CHEESE OR PHILLY LIGHT 3.30

### WHIPPED CREAM CHEESE

Scallion, Parsley-Garlic, Green Olive, Chive, Jalapeño, Cinnamon-Raisin, Honey-Walnut 3.85

Veggie, Veggie Light, Bacon-Scallion 4.30

Nova 5.05

### VEGAN CREAM CHEESE 4.55

### JAM OR PRESERVES 2.95

### PEANUT BUTTER 3.05

### PEANUT BUTTER AND JELLY 3.55

### NUTELLA 4.05

### NUTELLA & BANANA 4.80

### PEANUT BUTTER & BANANA 3.80

### CINNAMON-SUGAR & BUTTER 2.65

### HONEY & BUTTER 2.85

### MELTED CHEESE 3.55

American, Cheddar, Mozzarella, Swiss, Muenster, Provolone or Pepper Jack Vegan Cheese 3.95

### WHITEFISH SALAD 6.60

### NOVA LOX & CREAM CHEESE 10.95








### SAN DIEGO BAGEL 4.30

Cream cheese and raspberry jalapeño spread

## GRILLED PANINIS

-  **PLANT BASED PARM** 10.95  
Vegan chicken patty panini pressed on focaccia bread with basil oil and vegan mozzarella cheese
-  **AMG** 8.85  
Portobello mushroom, pesto, spinach, and cheddar panini pressed on focaccia.
- ZABS** 8.95  
Roast turkey breast, avocado, chipotle aioli dressing and sliced mozzarella on ciabatta.
- FRICKIN' CHICKIN'** 11.75  
Cage-free roast chicken breast, pesto, asiago cheese & mushrooms on focaccia.
- RENWICK REUBEN** 8.95  
Hot corned beef, sauerkraut, melted swiss cheese & Russian dressing on rye.
- \* **MONA LISA** 9.95  
Roast turkey, brie & raspberry jalapeño jam on hand-sliced multigrain.
- HAVANA BREEZE** 7.50  
Baked ham, sliced pickles, swiss cheese with yellow mustard & mayo on French bread.
- PINOT NAWARA** 10.95  
Cage-free roast chicken breast, tomato, jalapeños, fresh mozzarella, sea salt, pesto & mayo on ciabatta.
- LITTLE ITALY** 8.95  
Cage-free roast chicken breast, marinara sauce, spices & melted mozzarella cheese on focaccia.
-  **FRESHY** 8.00  
Fresh mozzarella cheese, roasted red peppers, spinach, extra virgin olive oil, salt & pepper on ciabatta.

## PIZZA BAGELS & MELTS

- BIG RED PIZZA BAGEL** 7.95  
Marinara sauce with bacon, sausage, ham, pepperoni & chicken with melted mozzarella cheese.
-  **GARDEN PIZZA BAGEL** 7.50  
Pesto with melted mozzarella cheese, topped with mushrooms, green peppers, broccoli, red onions & tomato. Add chicken 8.50
- HAWAIIAN PIZZA BAGEL** 5.75  
Marinara Sauce with ham, pineapple & melted mozzarella cheese.
-  **OPA PIZZA BAGEL** 6.25  
White garlic spread with melted mozzarella cheese, black olives, spinach, tomato & feta cheese. Add chicken 7.25
-  **PESTO PIZZA BAGEL** 6.50  
Pesto with melted mozzarella cheese.
-  **PIZZA BAGEL** 4.25  
Your choice of marinara sauce or garlic butter with melted mozzarella cheese.
-  **VEGETARIAN BAGEL** 5.30  
Veggie cream cheese, tomato & melted muenster cheese on a bagel.
-  **MEXICAN BAGEL** 5.30  
Jalapeño cream cheese, fresh salsa & melted cheddar cheese on a bagel.
-  **CHEESE MELT** 3.55  
Choice of American, provolone, Swiss, Muenster, Cheddar or mozzarella melted open faced on a bagel.

## GLUTEN FREE BREADS & BAGELS ADD 1.50

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## SPECIALTY SANDWICHES

- TURKEY & SMOKED TURKEY**
- CALIFORNIA DREAMIN'** 9.95  
Smoked turkey breast, avocado & house-made coleslaw, on our hand-sliced multigrain bread.
- \* **TOUR DE FRANCE** 12.25  
Roast turkey breast, brie, pear, bacon & honey cup mustard on hand-sliced multigrain.
- TURKEY HILL B.L.T.** 9.50  
Turkey, bacon, aioli dressing, lettuce & tomato, on our hand-sliced pumpernickel bread.
- \* **PATRICK EWING** 9.25  
Roast turkey breast, brie, apples & honey cup mustard on a baguette.
- SWEET RACHEL** 9.30  
Smoked turkey, muenster, honey mustard & red onion, on our hand-sliced pumpernickel bread.
- \* **BIG APPLE** 9.25  
Roast turkey breast, home-made plum chutney, spinach & cheddar cheese on hand-sliced multigrain.
- LINDSEY** 8.25  
Turkey, mushrooms, house-made parsley-garlic dressing & Muenster, served warm on our bialy.
- \* **FLAT ROCK** 9.95  
Roast turkey breast, goat cheese, sun-dried tomatoes, fresh basil, extra virgin olive oil & balsamic vinaigrette on a baguette.
- THE OCTOPUS** 8.25  
Roast turkey breast, house-made coleslaw, Russian dressing & Swiss, on our pumpernickel bread.
- AUTUMN SKY** 11.50  
Smoked turkey breast, bacon, spinach, apples, cheddar cheese & whole grain mustard on sourdough.
- \* **JAVI** 9.95  
Roast turkey breast, goat cheese, spinach, sun-dried tomatoes, sprouts & balsamic vinaigrette on toasted sourdough.
- PESTO T. TWISTER** 8.95  
Roast turkey breast, pesto, tomato & cheddar cheese in a wheat wrap.
- MAGGIE'S FARM** 7.50  
Roast turkey breast, cranberry sauce, lettuce & aioli dressing on ciabatta.
- STEWART PARKER** 7.85  
Roast turkey breast & melted swiss cheese on a croissant.
- BACON & SALAMI**
- C.T.B.L.T.** 7.25  
Bacon, lettuce & tomato with aioli dressing and avocado on our toasted sourdough bread.
- \* **MEDITERRANEAN** 7.35  
Genoa salami, lettuce, tomato, red onion, banana peppers, provolone cheese & vinaigrette dressing on ciabatta.
- BEEF**
- THE NEW YORKER** 10.50  
Hot pastrami with melted Swiss, Russian dressing & coleslaw on a toasted Kaiser roll.
- CARNEGIE** 12.95  
1/2 pound hot pastrami with deli mustard on our rye bread.
- TOUGH TOMMY** 12.85  
Hot pastrami with raspberry jalapeño jam, banana peppers and melted cheddar on hand-sliced pumpernickel.
- BBQ JACK** 7.95  
Hot roast beef with BBQ sauce & melted pepper jack cheese on a kaiser roll.


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[COLLEGETOWNBAGELS.COM](http://COLLEGETOWNBAGELS.COM)

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## SPECIALTY SANDWICHES

- CHICKEN & FISH**
- T-BURG WITH A TWIST** 8.00  
House-made tuna salad with avocado and tomato, on our pumpernickel bread.
- CHICKEN OR TUNA MELT** 7.35  
Chicken or tuna salad with tomato & melted cheddar cheese on a bagel.
- PANCHO VILLA** 9.95  
Cage-free roast chicken breast, avocado, fresh salsa & jalapeño peppers in a wheat wrap.
- TUSCAN VERDE** 9.80  
Cage-free roast chicken breast, pesto, spinach, tomato & provolone on focaccia.
- ZOE** 7.50  
Chicken salad, cranberry sauce, lettuce & tomato on a rosemary-salt bagel.
- \* **TAUGHANNOCK** 7.50  
Cage-free roast chicken breast, lettuce, tomato, chipotle aioli dressing & BBQ sauce on a multigrain roll.
- VEGETARIAN**
-  **MICHIGAN HOLLOW** 7.85  
A warm balsamic-marinated portobello mushroom with roasted red peppers, parsley-garlic dressing & melted provolone cheese on a multigrain roll.
-  **JONAH'S JIVE** 6.50  
Hummus, fresh spinach, tomato, cucumber & parsley-garlic dressing on hand-sliced multigrain.
-  **CAYUGA CROISSANT** 7.25  
Avocado, tomato, mushrooms, sprouts & parsley-garlic dressing on a croissant.
-  **VIVA CHELSEA** 8.00  
Fresh mozzarella cheese with fresh basil, tomato, extra-virgin olive oil, salt & pepper on rosemary focaccia.
-  **ITALIAN SUMMER** 9.00  
Fresh mozzarella, pesto, roasted red peppers & tomato on a baguette.
- \* **BAY BURGER** 9.25  
 Veggie burger with goat cheese, basil, sun-dried tomatoes & chipotle aioli on multigrain roll.
- VEGAN**
-  **FITZ BLITZ** 9.95  
Seitan, hummus, avocado, spinach, tomato & Dijon mustard on toasted rye bread.
-  **VARNA'S VEGAN** 7.95  
Lemon teriyaki seitan with fresh spinach, tomato & balsamic vinaigrette panini pressed on oatmeal wheat.
-  **VEGAN CHICKEN MELT** 9.50  
Vegan chickpea salad, tomato & melted vegan mozzarella cheese on a bagel.
-  **VAN DORN'S VEGAN** 5.95  
Hummus, roasted red peppers, tomato & sprouts on oatmeal wheat bread.
- \* **VEGANIC** 7.05  
 Tofu scramble, avocado, mushrooms & onions in a garlic herb wrap.

## GREEN & GRAIN BOWLS

- BRAIN POWER** 10.00  
Romaine Mix, quinoa, seared Ahi tuna, avocado, grapes, walnuts, goat cheese, onion and balsamic vinaigrette.
- GREEN GODDESS** 8.00  
Kale and Romaine, edamame, cucumber, avocado, cage free chicken, pistachios, sunflower seeds, Green Goddess dressing.
-  **SESAME STREET** 8.00  
Kale, warm grain blend, cucumbers, sunflower seeds, warm portobello mushroom, sesame tofu, edamame, miso sesame ginger dressing.
- SANTA FE** 8.00  
Kale, warm grain blend, avocado, roasted chicken, roasted corn, red onion, tortilla strips, tomatoes, fresh lime squeeze, radish slices, lime, cilantro jala vinaigrette.

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